

From Beijing, China

THE SINO-BRITISH PSYCHOANALYTIC PSYCHOTHERAPY TRAINING PROGRAM FOR CHILDREN AND ADOLESCENTS



“This is an important and high-quality program that addresses a psychoanalytic understanding of child development and also studies Chinese cultural practices in parenting. It is recommendable for all practicing psychotherapists but also for other mental health workers working with families.”

--Sverre Varvin (Chair, IPA China Committee)

(The Bulletin of Association of Child Psychotherapists, Mar 2014)

“So it was with great enthusiasm that I embraced Dr. Wang Qian’s idea of a course on early emotional development in collaboration with contributions from teachers in the Anna Freud Centre and Tavistock traditions. As I worked with her, well aware of the significance of this being the first training program in China on infants, children and adolescents, I am particularly moved by the fact that the program now includes three Infant Observation groups and that the legacy of Esther Bick has reached

and will enrich the Chinese way of thinking about infants in their families. Crucial to the success of the program, I believe has also been its timing: a moment of rapid social change, which has opened a space for individuality and with it a need for understanding mental life”

-- Maria Teresa Savio Hooke (former IPA China Committee)

(The Bulletin of Association of Child Psychotherapists, Mar 2014)

Background

The Sino-British Psychoanalytic Psychotherapy Training Program For Children and Adolescence (BPPCA) is committed to a developmental emphasis drawing on perspectives from a range of classical and contemporary psychoanalytical theoretical traditions, as well as enhancing clinical techniques and competencies in working with children and adolescents.

- The first psychoanalytic psychotherapy training program for children and adolescence in China.
- Highly systematically and continuously professional training program for children and adolescence in China.
- Training bases combining with online educational platform.
- Integration on training, academic communication and research in China.

Cooperative Organizations

- National Psychoanalysis Demonstration Unit, Beijing An Ding Hospital affiliated to Capital Medical University;
- Chinese Mental Health Association;

- Students' Educational and Counseling Center of Peking University;
- Entitled by State Administration of Foreign Experts Affairs
- Recognized as an National-class Continuing Medical Education Program in Chinese Medical Association

High-end Global Teachers from

- Birkbeck College, University of London
- Association of Child Psychotherapists, UK
- Royal Children's Hospital; Australian Psychoanalytical Society
- University College London
- Anna Freud Center
- Tavistock and Portman-NHS Foundation Trust
- British Psychoanalytical Society
- Other Psychoanalytical Organizations

What Does BPPAC Offer?

2012-2015 3 years Seminars,

- 2013- 1-2 year mother-infant observations
2015- 1 year small group supervisions
2016 Cross-cultural symposium on Parents' work

What Has BPPCA Achieved ?

Since 2012-2015

3Bases in Beijing,

Shang Hai,

Cheng Du



7Mother-InfantObservation Groups

19Foreign Teachers

30full days training

50 Child Psychoanalytic Psychotherapists Graduated

Two Local Responsible Persons:

Prof. Yang Yunping,

Dr. Wang Qian

Two foreign advisers

Dr. Viviane Green

Mrs. Maria Teresa Hooke

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Comments from Students (2012-2015)

“When I know that you love me, that you believe in me, that you recognize something terrific in me that you long to see more released, I'm more inclined to receive you, to let you pour into my life.”

--Ren Wei

(A observer quoted American author's words to share her experience in mother-infant observation group.)

“Also I always felt like being held and experienced mirroring during the whole training process, including the weekly group supervision. I experience what a huge change can be brought by a “good enough mother”. All of those experiences enables me to be good enough with my adolescence clients and help them to know better of themselves and others. That is what we call 'mentalizing’”.

--Ding Anrui (a student of BPPCA)

“Knowledge is absolutely fruitful, but continuously and unconsciously, we are shaping by the spirit of the psychoanalysis all the time. When we go back to our place and face our patients, not only we gained many theories and techniques to understand them, but also we aware of treating our patient as a human being is more important. All characters and spirits belong to human beings are all respected..... No matter success or failure, just like Teacher Nick said, “Fell down, Try it again!”

--Wang Ting (a student of BPPCA)

PICTURES



The Classes



The Groups



The Translator



The Party