



Rachel Blass (Israel Psychoanalytic Society)

It is out of my longstanding deep involvement with psychoanalysis and with the IPA and concern for their ongoing development that I seek election as European representative to the IPA board.

Throughout my professional career I have always devoted myself not only to the practice of psychoanalysis but to its promotion and enrichment. I have done so in several ways: (a) Supervision, teaching and lecturing: I regularly teach, supervise and offer lectures and seminars at analytic institutes, conferences and groups locally (Israel) and internationally (having presented in 18 countries of the IPA's European region). I have held professorial positions and headed clinical and academic university programmes in Israel and in the UK, teaching psychoanalysis to a wide range of students. (b) Writing and research: I have published over 80 articles, translated into 15 languages, that mainly explore and clarify the foundations of analytic theory and practice and demonstrate the contribution and validity of the field. These papers are frequently used in educational contexts and have provided me occasion for collaboration with analysts from the different regions. (c) Editing and encouraging publication and dialogue: For over a decade I have been on the editorial board of the *International Journal of Psychoanalysis* and editor of its Controversies section. In this role I have encouraged publication through offering writing workshops to analysts and candidates (at EPF and IPA congresses as well as at other venues) and have promoted dialogue by getting analysts from different countries and analytic cultures and schools to meaningfully engage with each other (often through translation) on topical issues within the framework of the controversies section.

This work has allowed me direct contact with analysts and analytic thinking and practice worldwide. I have further developed this contact and my understanding of the diverse views within the IPA through participation at nearly all IPA and EPF conferences since first becoming a candidate, more recently participating also at the annual APsA congresses and on occasion at the Congrès des Psychanalystes de Langue Française. Living and practicing in London for several years and working on IPA committees have also enriched this direct engagement.

In my view, the challenges that face the IPA, today as in the past, tend to centre around issues of how to promote psychoanalysis in contemporary society without compromising its unique identity, how to expand while maintaining high standards of training, and how to incorporate diverse analytic perspectives without blurring their essential nature and differences. As the IPA has grown into a very large organization there is also the challenge of remaining relevant to its members (and more specifically its large European membership) and responsive to their needs.

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I think that the specific nature of my longstanding commitment to psychoanalysis, my deep and personal engagement with IPA members and their diverse ways of thinking, my appreciation of the IPA's role in developing and maintaining analytic identity, as well as years of work experience within organizations, all place me in a good position to contribute to dealing with these challenges and I hope that I will be given the opportunity to do so.

List of positions:

Training and Supervising Analyst Israel Psychoanalytic Society (IPS); Member British Psychoanalytical Society (BPAS). 2005-2009 Member of the Clinical, Conceptual, Historical and Epistemological Research Committee (IPA); 2006-2008 Faculty of Research Training Programme (IPA); 2007-2017 Member of the Psychoanalysis and the University Committee (IPA); Since 2011 Reviewer for Research Proposals and Results Subcommittee (IPA); Since 2007 Lecturer and seminar leader (IPS), Since 2017 Head of Young Researcher Programme (IPS). 2007-2012 Member of University Liaison Committee (BPAS) 2008-2012 Member of Recruitment Committee (BPAS).



Bernard Chervet (Paris Psychoanalytical Society)

My responsibilities within the Paris Psychoanalytical Society, my terms as Scientific Secretary, as President and as Chair of the *Congrès international des psychanalystes de langue française, (the International Congress of Francophone Psychoanalysts)* have taught me the importance of exchanges between the members, candidates and psychoanalytic organisations within the IPA and with the IPA. My participation in the activities of the IPA, both scientific and those of the Task Force I am involved in, encourages me to further my commitment in this area; hence my candidacy for the position of European Representative on the IPA Board.

To foster fruitful and passionate discussion in the many areas that concern our daily practice, both private and institutional, to engage and attract the younger generations, to welcome and celebrate the advances of our discipline; these are the major challenges for the future of psychoanalysis. But also, to maintain the quality of our science by furthering its development, fostering more dynamic training, supporting transmission, promoting outreach, enhancing the functioning of our institutions, safeguarding the ethics of our profession, addressing our interactions with the *socius*, with culture, with technological advances and other disciplines.

The IPA is a democratic organisation underpinned by the direct representativeness of its members and the values of humanism. The distances between the members and the structures of the IPA demands that this direct representation, that of the board representatives, be complemented by the representation of the societies, within which the presidents function as intermediaries between the members and the IPA. The regional associations promote meetings between IPA board representatives and the presidents of organisations.

The challenge is to maximize awareness, among members and candidates, of the richness of viewpoints, the fecundity of differences and of the diversity that exists within the IPA. Certain subjects currently dominate discussions, such as: the training of new analysts, with the revision of training models through broad consultation on the three existing models within the IPA; the expansion of the psychoanalytic method to comprise new clinical configurations, evolving our analytic listening and our protocols of practice; the need to confront new resistances and attacks on psychoanalysis which never fail to appear in a world where changes are outpacing individual psychic capacities; the extension of psychoanalysis into countries where its practice is in the process of organisation, hence the proposal on the horizon for a fourth region, Asia; and the upholding of our ethical qualities as practitioners and members facing daily the forces of transference.

It is up to us to recognise the overdetermination of our thoughts and actions, and to ensure that our organisations keep alive the inspiration unique to psychoanalytic thought.

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We are not only heirs, but we also pass on our legacy to our descendants, and we are accountable to our patients. Such is the fragile alliance between generations, the challenge of marrying innovation with tradition, which in my view makes the IPA so appealing.

Positions held:

Paris Psychoanalytical Society PPS-SPP:

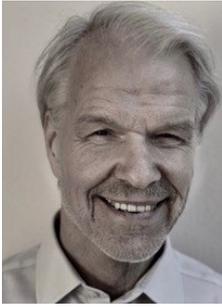
- Board 1995-2015
- Scientific Secretary 2002-2006
- Scientific Technical Board 2007-2009
- Vice-President 2009-2011
- President 2011-2013-2015
- *Monographies et débats de psychanalyse (Psychoanalytic Case Studies and Discussions)*
2003-present
- Founder and Director of SPP-Editions 2011-present
- Scientific Secretary, Congress of Francophone Psychoanalysts 2016-2019; 2020-2023.

European Psychoanalytical Federation EPF-FEP:

- Council 2011-2015
- Ad Hoc Group Institutional Matters 2015-present

IPA:

- IPA Encyclopedic Dictionary 2013-present
- Task Force "IPA and Constituent Organizations" 2015-2017
- IPA-ING Liaison Committee 2016-present
- Task Force "Freud Legacy" 2017-present
- Task Force "Representation" 2018-present



Ingo Focke (German Psychoanalytical Society)

Encouraged by the boards of both German International Psychoanalytical Associations, I am applying for the position of your European representative on the board of the IPA. As a former President of the German Psychoanalytical Society (DPG) from 2011 to 2017, I was a member of the Council of the EPF. During this time, I was able to get an impression of this remit on the occasion of regular meetings of the Council, the "European Representatives" and the IPA executive. From personal experience, I advocate better networking of the individual affiliates with the general board of the IPA.

Until today, the IPA stands for the high standards of psychoanalysis in training and for optimal practices of its members. The IPA brings people together, promotes psychoanalysis both as a science and as a healing technique and supports exchanges with other sciences. The IPA's success is evident from the increasing numbers of its members and its expansion to countries to which access was previously barred. This expansion is a major gain for these countries and for all members of the IPA since it allows completely novel experiences to be incorporated into the advancement of psychoanalysis, while broadening perspectives.

The larger the IPA becomes, however, the more urgent concerns about its cohesion and the various regional developments become. Solutions in one location can easily give rise to difficulties in other locations, such as with the change in training standards. I advocate the deepest possible experience in training, which is no easy task to maintain, given time constraints, economic limitations and rapid changes. The question becomes more urgent: How can the IPA help to secure the future of our institutes?

Precisely because such diverse developments occur in regions and individual countries, I would like to work towards cohesion in the IPA.

Since the early 1990s, I have dedicated myself to the scientific and institutional development of the German Psychoanalytical Society (DPG) and contributed to shaping it up through the time it was recognised once again as an affiliate of the IPA in 2009. Since 2016, I have had the great pleasure, as a member of the Sponsoring Committee, of assisting in the development of the Ukrainian Society, under the auspices of "International New Groups." For me, this is also associated with a learning process which is changing my view on psychoanalytical institutions. In Eastern Europe, I also came in contact with the possibilities and limitations arising from the use of electronic media in training. Thanks to my experiences in and with new societies, I am quite familiar with complex institutional problems and know how important cooperation is. Moreover, I have served for a long time as a supervisor in psychosomatic clinics and taken an active involvement in outreach events. I see my strengths in mediation and the ability to compromise.

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Psychoanalysis is an international science. It requires constant efforts to maintain and develop connections, to share ideas and learn from each other. All transnational initiatives are worthy of promotion and a great task for the IPA. I heartily support working parties and their meetings prior to the major congresses. And I am a psychoanalyst with heart and soul.

List of positions:

German Psychoanalytical Society (DPG): Head of the DPG Stuttgart Training Institute DPG (1997-2001), Head of the DPG international case conferences (1995-2002), Head of the DPG International Psychoanalysis working group (1999-2009), Head of the DPG training analyst board (2005-2011), DPG President (2011-2017), *DGPT* [German Society for Psychoanalysis, Psychotherapy, Psychosomatics and Depth Psychology]: Member of the extended board (2011-2017), *EPF*: Member of the Council (2011-2017), member of the election commission of the EPF since 2017, *IPA*: Sponsoring Committee of the Ukrainian Society since 2016, Head since 2017. Task Force: pre-congress program in Boston and Buenos Aires. *Planning and organisation*: British-German colloquia, German-Nordic Conferences, DPV [German Psychoanalytical Association]-DPG conferences, DIPSAT congresses, annual conference of EPF in Berlin 2016.



Serge Frisch (Belgian Psychoanalytical Society)

My first term of office on the IPA Board, my presidency of the European Federation of Psychoanalysis and the Belgian Psychoanalytical Society have enabled me to supplement and enrich my knowledge of the psychoanalytic world and its institutional complexities. My involvement as a ministerial advisor afforded me an understanding of the political dimension of the institutional challenges and equipped me with the weapons to defend psychoanalysis beyond the walls.

These experiences have convinced me that our international institutions, the EPF and the IPA, are irreplaceable, the former with its scientific vocation and the latter, supra-regional, unique and cohesive, as guarantor of the transmission of psychoanalysis and the ethics of psychoanalysts. The EPF and the IPA safeguard the coherence of psychoanalysis in the face of the differences and potential conflicts between currents of thought, between regions and even between societies.

Attacks on psychoanalysis which come from the outside are proof that it is very much alive and that it disrupts and disturbs, over and again. We must not be afraid of it. In contrast, attacks that come from inside our circles are more pernicious, more dangerous, more difficult to detect and to combat. They carry potential rifts that can lead to a loss of theoretical substance, loss of members and disinterest on the part of future candidates.

Many colleagues devote themselves enthusiastically to psychoanalysis. But, insidiously, a feeling of melancholy takes hold among certain analysts who have the impression that psychoanalysis is on the decline, that we are an endangered species, that it is no longer worth getting involved in the life of our national and international societies. Yet the questions around training, remote analysis, psychotherapy, the organisation of our societies and institutes in an ever-changing world are altogether central. We need an IPA that is strong, dynamic, respectful of diversity, wise and judicious; an IPA that can take clear positions by laying its cards on the table, courageously and openly, to restore pleasure and passion to discussions and debates. While outreach is vital, inreach is indeed the very essence of psychoanalysis.

The organisation and structure of the IPA are far from perfect and require constant rethinking. The current Board and Executive have set about this task in particular by creating various task forces - which members often do not realize.

While staunchly preserving the respective autonomy of the IPA and the EPF, the time has come to develop a greater synergy between these two organisations by initiating a new kind of thematic symposia over 3-4 days. Challenging and sensitive issues for European

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psychoanalysis would be discussed, such as: 'Social transformations and shifts in psychoanalytic paradigms' or 'Revisiting analytic training' or 'Oedipus and instinctuality in Europe'.

Dear European colleagues, it is in this spirit that I submit my candidacy for a second term of office on the Board of the IPA to your vote. Together we can debate and defend the analytic values that are so precious to us.

List of positions:

Dr. Serge Frisch, Psychiatrist, Training and supervisor analyst, Belgian Psychoanalytical Society (SBP) and German Psychoanalytical Society (DPG).

Belgian Psychoanalytical Society: 2008-2011 President; 2006-2008 Secretary General; Since 2007 Member of the Formation Committee.

International Psychoanalytical Association: 2017-2019 Board member; since 2009 Sponsoring Committee for Beirut ; 2001-2005 Psychoanalysis and Allied Professions Committee; 2009-2012 European Vice-Chair of the Outreach Committee.

European Psychoanalytical Federation: Since 2016 Director of the EPF House in Brussels; 2012-2016 EPF President; 2009-2012 Working Party Chair: 'Specificity of Psychoanalytic Treatment Today'; 2007-2012 Member of the Expert Group on Psychoanalytic Research..



Luisa Masina (Italian Psychoanalytical Society)

My vision of the IPA is of a solid institution that brings together all the members of the psychoanalytic community descending from Sigmund Freud.

The fundamental action points that make up my plan for the development of the IPA are:

- The integration of its various components in the respect of the specificities, which avails itself of the creation of a **common language**, based on: the participation in the Committees and the Task Forces, the inter-regional exchanges facilitated by the CAPSA and Working Groups, the progress of the Inter-Regional Encyclopedic Dictionary of Psychoanalysis, the IPA website, an “ international and inter-regional *agorà* ”, the advanced use of technology for webinars and inter-societal activities, the rotation of the participations in the different administrative offices and in the responsibilities of scientific initiatives, the fertile cooperation with Regional Federations and National Societies.
- **A good sensitivity to various environmental realities** can improve our institutional response capabilities. It is necessary to conceive articulated policies both in terms of adaptation, and in terms of maintaining the values and fundamental criteria of Psychoanalysis. So, we have to take good care of the institution, promoting it as a common asset and identity brand for all members and his investment as a cohesion factor. I consider relevant the creation and the empowerment of appropriate Task Forces, responsible for observing the social changes and for developing and applying psychoanalytic method in different fields. Outreach’s activities must have adequate and technical support from the IPA, if possible in coordinated cooperation with the geographically involved or neighbouring national societies. The work of progressive constitution of the Asian-Pacific Region, Fourth IPA Region should also be continued.
- A good **proprioceptive monitoring of the functions of the whole IPA organism, which uses a look towards the inside**: constant attention to the maintenance of its overall institutional functioning; to the development of the group aptitude for clinical research; to the theoretical elaboration; and a particular care of psychoanalytic training, which remains a fundamental distinctive element of our Association.

The obvious need to face a psychoanalysis crisis (that we can also consider a growth crisis) requires a reflection **on the evolution of the identity of the psychoanalyst**, on critical moments through the various passages of training and professional activity.

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To this aim it is important to provide **a listening to these realities in transformation by the Representatives** : a listening as sensitive as possible, in order to identify and combat any possible feelings of anonymity, of insignificance and of loneliness that may be experienced by members of the various regions .

I also want to emphasise the irreplaceable role of the IPA in the field of science as a facilitator of the exchange of ideas, of the development, of the elaboration and integration of the various theoretical-clinical contributions from areas also geographically distant between them, that only IPA can carry out, thanks to its inter-regional structure and to that “inclusive and open-minded IPA mentality”, of which Board is both author and guarantor.

List of positions:

Italian Psychoanalytical Society:

Scientific Secretary of Psychoanalytic Institute of Bologna

Member of the Reading Committee of Rivista di Psicoanalisi

Teacher at The Italian Psychoanalytical Society National Training Institute (section Veneto-Emiliana)

Member of the Editorial Board of the SPI website 2014-2016

Member of the Scientific Committee of “Psiche-Dike”, at the Psychoanalytic Institute of Bologna



Vic Sedlak (British Psychoanalytical Society)

I am standing for election as a European Representative to the Board of the IPA because I believe my experience will enable me to contribute to issues central to the future development of psychoanalysis: to recruit to the profession while at the same time safeguarding high standards of training; and, to continue to develop psychoanalysis and psychoanalytic institutions in parts of the world where it has not previously flourished.

Thirty years ago, having completed my training at the British Psychoanalytical Society, I decided to relocate with my family to Yorkshire in the North of England. At that time psychoanalysis was almost exclusively based in London. A number of respected colleagues warned me that this would jeopardise my professional future, that I would be unable to build a practice and develop my career within the Society. I believed that there would always be some people, a minority but a significant one, who would take the opportunity to have a personal psychoanalysis if it was available, just as there would be some people who would want to train as psychoanalysts. I quickly built a psychoanalytic practice which has always been full; by maintaining links with the Society in London I was able to develop as a psychoanalyst and to become a training analyst twenty years ago.

Since that time I have been able to enlist the support of the British Society in developing a psychoanalytic presence in the North of England. I have taken a significant role as Chair or member of committees which have promoted the development of psychoanalysis outside of its London enclave. This culminated in 2014 with the establishment of the Society's Northern Training, the first psychoanalytic training outside of London. I have also been a member of the Student Progress Committee, the Staff Training Committee and the Education Committee. The experience in developing psychoanalysis in regions where it had hitherto not flourished, while maintaining high standards of training, enabled me to consult on these matters to the Polish Psychoanalytic Society, of which I am an Honorary Member. Between 2006 and 2010 I was on the Board of Guardians of the International Journal of Psychoanalysis. I was a member of the team that met with representatives of the then British Association of Psychotherapists as some of their membership prepared to join the IPA as the British Psychoanalytical Association. I teach regularly in Germany and Poland and have been a visiting professor in Japan. I have some knowledge of, and respect for, the different cultures, backgrounds and societies that make up the IPA.

I have published a number of papers in the International Journal. In 2019 my book "The Psychoanalyst's Superegos, Ego Ideals and Blind Spots: the Emotional Development of the Clinician" will be published by the New Library of Psychoanalysis.

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I believe that for psychoanalysis to develop, individual psychoanalysts need to belong to institutions that embody a forward-looking spirit of enterprise, which maintains psychoanalysis as a specific treatment. This is what I would seek to promote if elected.

Positions held in the British Society: Member, Working Party on the Society's relationship to the BAP's becoming an IPA Component Society 2004-2005; Member, Staff Training Committee 2005-2009 and 2013-2017; Member, Student Progress Committee 2004-2009; Member and then Chair, New Entry Scheme Committee 2004-2013; Member and then Chair Regional Training Committee 1996-2004; Member, Education Committee 2007-2103; Member, Working Party on Northern Training 2012-2014.

Other: Member, Board of Guardians of the IJPA 2006-2010; Visiting Professor, Kyoto University, Japan2012.



Franziska Ylander (Swedish Psychoanalytical Association)

It has been a privilege as well as a responsibility to function as Eurorepresentative at the IPA Board for 2017-2019. My experience of working in the Swedish Association and in the EPF Executive has provided me with indispensable background knowledge. It has served as a guideline towards understanding the specificity and overruling importance, as well as the necessity of the IPA. My application for a second period comes out of a deeply felt urge to fulfil what has just started.

As was the case 2 years ago, this work still represents a meaningful and logical step in my 35 years of psychoanalytical practice. An issue of longstanding importance for me is clinical supervision within psychoanalytic training and formation. Another is institutional aspects of psychoanalytical organisations, particularly related to issues of splitting and fusion. Psychoanalysis in the community in the widest sense is closely related to institutional matters, with emphasis on the necessity of adjusting to a changing world - without jeopardizing the core of psychoanalysis and without underestimating the threat of severing the psychoanalytic community from within.

After 18 months in this position, I am looking back on a year of learning and discovering. The power and the vulnerability of our IPA express themselves in complicated and enigmatic ways. Questions related to estimation of competence and qualification, and issues about similarities vs differences between regions - as well as within regions - have been uncovered in the aftermath of the decision taken by the previous Board on the Eitingon model. The current administration has initiated important Task Forces to work on basic areas – on Representation, on Collegial Quality Assessment and on New Groups and Equivalence. I am deeply engaged in these projects, and I hope to take part in discussions of the outcome.

From our European perspective one must put special emphasis on the problems around representation – at the Board, and in IPA committees. European societies constitute almost half of the IPA membership. At the Board each region is represented by 1/3. This kind of incongruity, as well as other differences in preconditions for formation and training between regions, will have to be openly named and respectfully discussed. This is necessary for keeping the IPA alive, strong and credible to its members.

A recurrent IPA problem is how to manage to stay in reciprocal contact with members. In a way it is impossible; internet, a well edited and extensive Newsletter notwithstanding. To mitigate this problem, I see the Link function as particularly useful and important. Even though the IPA, unlike the EPF, is a member organisation, the value of the possibility to communicate with members via the presidents of societies cannot be overstated. Information about ongoing work at Board and Executive, as well as meetings face to face

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with presidents of our allotted societies at least twice a year, provide an indispensable opportunity of communication.

Lastly: to my mind – to communicate by means of *personal encounter* also touches upon the very essence of the psychoanalysis.

List of positions:

IPA: European IPA Outreach Committee 2010-2011; Board of Representatives 2017-date.
EPF: Chair Outreach Platform EPF/IPA (Committee on Psychoanalysis and Society) 2001-2007; Vice President EPF Executive 2011-2016; ad hoc group on Institutional Matters 2016-date. *Swedish Society*: Secretary, Board of Institute 1989-1991; Chair Committee of Outreach, Board of Society 1997-2002; Vice President Swedish Society 2000-2002; Fusion Committee Swedish Society & Swedish Association 2007-2009. *Swedish Association*: Committee on Clinical Supervision 2006-date; Chair Committee on Clinical Supervision, Board of Institute 2010-2012.