

Psychoanalysis rests on certain foundational pillars- the appreciation and freeing up of psychic energy so that the binding and loving erotic forces can enhance the qualitative, creative and artistic resonance of human life. This in itself is often contingent on a deeper encounter and confrontation with the conflicted, negated and disavowed aspects of unconscious emotional existence. The process of release from crippling and limiting repetitions of unconscious patterns rests on an acknowledgment and working through of life's darker shades – our propensities towards violence, rage, envy, and destructivity. This encounter with one's darker visages also involves looking into one's pain and anguish while acknowledging grief and valuing mourning.

Psychoanalytic training emphasizes embodiment of rigor and faith which leads the analyst to work in settings where an untiring long engagement at the slowest pace with the Death Instinct enables a partial containment of the unbearable and the unutterable in human life. A long-term process which slowly heralds change in individual life through near-invisible steps carved out of denting the primitive layers of mind and its relationships, psychoanalysis as a philosophy and meta-theory also has much to offer to the social world. Following World War-I, along with the work of existential thinkers, literary writers, artists, and philosophers, Freud's formulation of the Death Instinct, has much to offer to the present crises of humanity. Be it in individual or collective life, psychoanalytic wisdom suggests that so long as human beings continue to split off pain and suffering and refuse to see their own propensities towards revenge, greed, power, and accumulation, they will necessarily create an "other" to be denigrated, humiliated, or at worst destroyed. The psychoanalytical perspective suggests that a different form of encounter with life happens when we can bear darkness; the intense beam of light which shines through darkness creates new avenues of insight and transformation. This spirit of psychoanalysis enables us to go beyond polarities and othering and enter spaces of living with difference.



The Fifth International Psychoanalytic Conference

Psychoanalytic Explorations of Darkness in
Culture and Clinic

organized by

**Centre of Psychotherapy and Clinical Research
&
School of Human Studies
Ambedkar University Delhi**

in collaboration with

**The Geography of Psychoanalysis Group,
The Delhi Chapter of Indian Psychoanalytic Society &
Psychoanalysis India**



**12-14 January, 2018
New Delhi**



Jan **12** *Venue: Ambedkar University Delhi*

9: 15 am - 9:45 am

Opening comments

Pro Vice Chancellor
Prof. Ashok Nagpal & Prof. Honey O. Vahali
(Director, CPCR)

9:45 am

Film Screening 'Anatomy of Violence', directed by Deepa Mehta

11:15 am -12:30 pm

Deepa Mehta in conversation with Prof. Sudhir Kakar

TEA

1:00 pm - 2:30 pm

The Geography of Psychoanalysis Group

Cosimo Schinaia: The Invisible and the Darkness in the Psychoanalytic Relationship

Mariano Horenstein: On Mysteriousness

Chairperson: Prof. Anup Dhar
Discussant: Dr. Shifa Haq

LUNCH

3:15 pm - 5:30 pm

Dr. Anurag Mishra: "You Want It Darker? The Negatif Speaks Parseltongue to Harry Potter"

Dr. Parul Bansal: From Destructive Greed to Containment of Greed: Psychoanalytic Musings

Dr. Jhuma Basak: Morbidity and Modern Existential Trial

Chairperson: Prof. Ashok Nagpal
Discussant: Ms. Deepti Sachdev

TEA

Jan **13** *Venue: Seminar Hall I, II & III
India International Centre*

9:30 am - 11:00 am

Anthony Mollino: Home is Where We Start From

Dr. Vinita Kshetrapal: The Messiah and the Mis-attuned Mother

Chairperson: Prof. Alok Bhalla
Discussant: Dr. Anurag Mishra

TEA

11:30 am-1:30 pm

Urvashi Agarwal: On Mothers and Women: Living the Search

Bhavya Chitranshi: Living (in) Singleness: Darkness, Deadness and Screams of Silence

Dr. Shalini Masih: Devil Sing Me the Blues...Story of a Life Struggling to be Born in Being and Work

Chairperson : Prof. Honey O. Vahali
Discussant : Dr. Mamatha Karollil

LUNCH

2:15 pm - 3:45 pm

The Geography of Psychoanalysis Group and Indian Speaker

Lorena Preta: The Inhuman in the Human

Dr. Diamond O. Vahali: Between Darkness and Light: An Emergence Reading Kaya Taran, a Film on the 1984 Riots against the Sikhs

Chairperson: Anthony Molino
Discussant : Dr Jhuma Basak

TEA

4:15 pm -5:45 pm

The Geography of Psychoanalysis Group

Alfredo Lombardozzi: The Luminous Darkness of Passion

Andrea Baldassarro: Darkness: The Obscure Object of Psychoanalysis

Chairperson : Dr. Jhuma Basak
Discussant : Prof. Ashok Nagpal

Jan **14** *Venue: Seminar Hall I, II & III
India International Centre*

10:00 am -11:30 am

Rashi Kapoor: Melancholy of Affections; Mira in the 21st Century

Gurpreet Kaur: Encounters With (in) Darkness, Desire : Possibilities of a Psychic Relationality

Chairperson: Prof. Anita Ghai
Discussant : Ms. Neetu Sarin

TEA

12:00 pm -1:30 pm

Arjun Kapoor: Caste as the Social Unconscious Reading Ambedkar, Caste and Psychoanalysis in India

Morteza Modares Gharavi

& Said Mojjard: Eliminating the Gray Zone
A Psychoanalytic Reading of ISIS's Unbearability of their Internal Darkness Eventuating into an Illusionary Paradise, & Black External Destructiveness

Chairperson : Dr. Anurag Mishra
Discussant : Vinod R.

LUNCH

2:15 pm - 2:30 pm

Announcement of Critics Award and handing over of the certificates by Prof. Sudhir Kakar

2:30 pm - 4:30 pm

Round Table Discussion

Chairperson : Prof. Sudhir Kakar
Participants include analysts and therapists from Italy and India.

TEA

4:30 pm - 6:00 pm

Open House with audience

Vote of Thanks by Ashis Roy