

## Gabriel Rivera Constanzo



Gabriel Rivera Constanzo. Psychologist.  
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I am 43 years old, joined the Institute of Psychoanalysis of the Chilean Psychoanalytic Association in 2016, and I formally began psychoanalytic training in 2017, which coincided with the IPA Psychoanalysis Congress and the 24th IPSO conference in Buenos Aires, Argentina. This was my first contact with IPSO, which I recall with satisfaction for the quality of the papers presented at the conference and for the camaraderie I noticed between colleagues from different parts of the world. At the same time, my Association was experiencing a major institutional crisis, which culminated in its split. Because of this, doubts and uncertainty regarding institutional formation came to my mind, but the ties between my fellow colleagues helped me to support it and contain me. From there on, I have considered that an essential part of becoming an analyst are the bridges generated between psychoanalysts-in-training from different places and cultures. I think this is the appropriately named “fourth leg” of our training. I have tried to embody this idea in during through these training years, becoming the IPSO and OCAL (Organization of analysts in training in Latin America) representative of my Institute. I have tried to seize the opportunities offered by IPSO, thus been able to carry out in 2020 a Visiting Candidate Program VCP at the Institute of the Spanish Society of Psychoanalysis in Barcelona. This was an enriching experience to meet other candidates and psychoanalytic thinking. I also tried to participate in a Cross Regional Study Group CRSG, but sadly was unable to do it due to the low number of Spanish-speaking participants. This drew my attention and motivates me to present my nomination, with the idea of promoting and facilitating the interregional exchange that IPSO offers. If elected, I would promote psychoanalysts-in-training to take advantage of the different instances IPSO offers to its members, generate new bridges and channels that favor the production of knowledge, and enhance our clinical practice. Currently, as part of the OCAL board, where I hold a position in the Scientific Secretary, I think it is relevant to strengthen ties between OCAL and IPSO for the direct benefit of analysts in training. I think that my experience would be very favorable to develop these ideas and motivates my nomination.