

## Rafael Mondrzak



The moment is of thorny times. In some way, we were all involved in an extremely complicated, delicate year of 2020 that demanded resilience and almost instantaneous adaptations. Between our health concerns due to the COVID-19 pandemic and social distancing, we have never been so interconnected at the same time through the IPSO network.

Some established projects such as the VCP naturally had their course paused, until things normalized. However, wonderful initiatives such as the CRSG, and the "Meet the Analyst" webinars have gained momentum and brought high level scientific activities. Along with this, new projects such as Around the world in a day - Art and Psychoanalysis, to be carried out in March 2021, were brilliantly developed, highlighting all the energy involved among the participating candidates. I believe that while we look forward to regularizing (as possible) our face-to-face meetings, adapting to a world of hybrid meetings has become essential and IPSO is already on this path. As a result, I also imagine that the Delocalization Project is also of paramount importance, to encourage activities promoted by IPSO on all continents.

In addition to the functional machinery of IPSO, I highlight the importance of the support network that IPSO provides to candidates in delicate or unassisted situations by their institutes. Situations that occur due to socioeconomic or often relational difficulties with their own institutes and societies. As a more particular thought, I have followed the importance of having Candidate Associations within the training institutes. Just as IPA has its "sponsoring" project, IPSO has all the tools to disseminate this type of organization that facilitates communication between the candidate and his or her society.

For the past four years I have been directly connected with activities in Latin America (OCAL - for Latin America Candidates Association and ABC - for Brazil Candidates Association) and actively participating in IPSO activities around the Globe. During this period, I had time to start making great friends and enrich myself with psychoanalytic content. During the IPA Congress in London in 2019, immersed by the energies of meeting with colleagues, I further strengthened my ties to eventually run for IPSO president-elect. Working psychoanalytically and sensibly within an organization with the magnitude that IPSO has keeps me open minded, beyond my microcosm and serves as a daily stimulus!