



Juan Francisco Artaloytia (Madrid Psychoanalytical Association)

I was trained at the Madrid Psychoanalytical Association (APM), defined by its plurality of thought and by the no few conflicts it has successfully responded to.

I have always considered theoretical diversity to be a source of enrichment; a diversity of ideas that one may attempt to understand in some depth and contrast with others. In my work as Editor in Chief of the APM's *Revista de Psicoanálisis (Psychoanalytic Journal)*, and formerly its Scientific Secretary, I have always considered respect for plurality to be fundamental. Since all psychoanalytic metapsychology has its roots in Freud, my view is that, knowing the inflection points that have come about in the evolution of its various developments and their reason for being, can become a retrospective translation of Freudian thought, further enriching it with the most significant post-Freudian contributions.

One such example are the articles on psychosis that I published¹ in 2015 and 2020 in the *International Journal of Psychoanalysis*. These are very much in dialogue with psychiatry which, although not always optimal for analytic work, nevertheless reveal the relevance of psychoanalysis, which I believe must demonstrate its potential by maintaining its essences in the intersections with neighbouring disciplines such as psychiatry and neuroscience, but also sociology, philosophy, and pedagogy – both in its practical as well as its most academic aspects.

With regard to conflicts, which can have destructive facets, I believe that they also carry within them a potential for growth, development and evolution. As Heraclitus said, "Opposition brings concord. Out of discord comes the fairest harmony." I am fundamentally a person of integration and consensus: an advocate of navigating hypothetical and antithetical approaches to arrive at an integrating, synthetical movement, in the Hegelian sense of *Aufhebung*. I avoid dichotomous dogmatic polarizations, which I believe are a paranoidization of thought and of group functioning.

Returning to the essences of psychoanalysis, I consider psychoanalysts' training and, in particular, their skills in making contact with the different forms of their own unconscious and that of their patients, to be key. For those who read Spanish, in 2019 I dedicated an editorial to the topic of psychoanalytic training and its different models. Trained in the French model, I believe it is essential for the analyst's analysis to be personal and as deep as possible, as independent as it possibly can be from the rest of the aspects of training. For those who read Portuguese, also in 2019, I published a reflection on how authors such as Kohut, Little and Green were able to later re-signify the analyses that enabled them to join their institutions.

¹ CV available, with above-mentioned bibliographic references, upon request [to: jfartaloytia@gmail.com](mailto:jfartaloytia@gmail.com).

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As I heard Madeleine Baranger, who was well into her nineties, when asked in an interview in Mexico City with Ruggero Levy how she was able to remain so visionary, reply without hesitation: “a good analysis”. I could not find better words to close this brief statement of intent.

List of positions:

Artaloytia, Juan Francisco MD, PhD: Since 2019, Member of the Editorial Board of the Spanish Annual Book of The International Journal of Psychoanalysis. **APM:** Covid- 19 Crisis Committee Member for the free treatment of victims. Since 2020, Seminars’ Responsible in the APM Institute. 2016-19 Editor in Chief, 2012-15 Scientific Secretary of “Revista de Psicoanálisis de la APM”, indexed in PEP. 2010-14, CACI Manager in the North of Spain, aimed at the psychoanalysis spread and low-cost treatments approach. 2001-05, Candidates Representative.



Rachel Blass (Israel Psychoanalytic Society)

It is out of my longstanding involvement with psychoanalysis and with the IPA and my concern for their meaningful advancement, that I seek re-election as European representative to the IPA board. Having served on this board during the present term I have developed a deep appreciation of the issues and challenges at hand and of the importance of a second term to work them through.

My background: I have always devoted myself to the practice of psychoanalysis as well as to its promotion and enrichment in ways that have involved much engagement with the analytic community. This includes:

- (a) Supervision, teaching and lecturing: I regularly teach, supervise, and offer lectures and seminars at analytic institutes, conferences and groups locally (Israel) and internationally (including in several European countries). I have held professorial positions and headed clinical and academic university programmes in Israel and in the UK, teaching psychoanalysis to a wide range of students.
- (b) Writing and research: I have published over 90 articles, translated into 15 languages, that mainly explore and clarify the foundations of analytic theory and practice and demonstrate the contribution and validity of the field.
- (c) Editing and encouraging publication and dialogue: For over a decade I have been on the editorial board of the *International Journal of Psychoanalysis* and editor of its Controversies section. In this role I have also encouraged publication through offering writing workshops to analysts and candidates (at EPF and IPA congresses as well as at other venues).

I have attended nearly all IPA and EPF conferences since becoming a candidate, more recently also the annual APsA congresses and on occasion the Congrès des Psychanalystes de Langue Française. I have also lived and practiced in London for several years, have worked on a number of IPA committees and in the past 1 ½ years have served as IPA board member.

Current challenges: While I recognize the great effort of the IPA to advance psychoanalysis, during my time on the board I have found that many of the issues that the board has been contending with point to a problem and danger: Namely, that the IPA may opt for expansion through ever greater inclusiveness of diverse approaches to clinical practice and training at the expense of exploring and developing what is essential to psychoanalysis and at the expense of providing support for standards, discourse and research that would allow psychoanalysis to develop meaningfully.

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In my view this poses a threat to the future of psychoanalysis and specifically to the relevance of the IPA as an organization committed to its preservation. The issue of relevance is especially strong for its European membership, who for too long have been inadequately represented on the IPA board and have been covering more than their share of the IPA budget.

Together with other colleagues on the board I have been working hard to ensure that in the IPA's efforts to advance psychoanalysis these dangers are avoided, that it is a meaningful notion of psychoanalysis that is advanced, and that the voice of the membership is properly taken into account. Decisions will be facing the incoming board and the IPA's new President which will significantly impact this work in progress. It is for this reason that I ask for your vote to a second term.

List of positions:

Training and Supervising Analyst Israel Psychoanalytic Society (IPS); Member British Psychoanalytical Society (BPAS). 2005-2009 Member of the Clinical, Conceptual, Historical and Epistemological Research Committee (IPA); 2006-2008 Faculty of Research Training Programme (IPA); 2007-2017 Member of the Psychoanalysis and the University Committee (IPA); Since 2011 Reviewer for Research Proposals and Results Subcommittee (IPA); Since 2007 Lecturer and seminar leader (IPS), Since 2017 Head of Young Researcher Programme (IPS). 2007-2012 Member of University Liaison Committee (BPAS) 2008-2012 Member of Recruitment Committee (BPAS). Since 2019 IPA Board member.



Lesley Caldwell (British Psychoanalytic Association)

I wish to contribute at Board level to the IPA because it provides an international network for confronting *psychoanalytically* the problems that increasingly shape our lives and those of our patients. Moves towards making its activities more transparent to its members and more accessible to all have increased its engagement in and with the world. I believe continuing openness assists both the distinctiveness of our practice in the consulting room and our ability to make the analytic dimension more widely available. Poverty, migration, race, climate change, gender, sexuality, illness and health all impact upon analytic practice and it is our *analytic* experience that informs our capacity to contribute to those wider debates, however challenging and contested.

External changes form part of the fabric of our world and that of our patients, a fact powerfully emphasised by the current pandemic's intense highlighting of the interrelation of inner and external worlds. Ongoing losses continue to challenge our valued ways of being as both analysts and citizens.

The impact on psychoanalysis is nowhere more profound than in the training and support of candidates, who, despite marathon efforts, are undertaking their training in a situation marked by loss, deprivation, and uncertainty, ours and, more poignantly, theirs. Continuing attention to IPSO must remain a priority in and for the future of candidates and of psychoanalysis itself. Whatever the future holds the new normal cannot and will not be a replica of pre 2019, and considerable time will be required to understand and absorb how any new reality and any new normal will be shaped.

My working life has been dedicated to psychoanalysis, in the consulting room with patients, and in the university (especially at UCL) where, through interdisciplinary links, teaching, supervision, research, writing and publishing, and structured discussions of what happens in an analysis, widespread curiosity and interest in personal analysis has been consistently revealed and can be drawn on and fed back to training institutes.

My experience with both British societies, in international meetings and congresses, on the COWAP committee for Europe, teaching and supervising internationally, and the fertile collaboration among psychoanalytic scholars that produced the *Collected Works of Donald Winnicott* (2016) all confirm the aliveness of psychoanalysis and the depth of commitment of its practitioners.

In Europe, where so many societies work with such dedication on the effects of their own traumatic present and past histories, working jointly for psychoanalysis and its international dimensions is a testimony to the urgent need for what we do. Both the IPA and the EPF have provided me with rich homes and I would hope to contribute by working with colleagues in approaching the serious contemporary challenges we now face through the central tenets of analytic practice, acceptance of uncertainty, the willingness to wait, and to remain open

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to a future inevitably shaped by present anxieties and their long term effects on our institutions, our patients, and ourselves.

Lesley Caldwell

List of positions:

COWAP, 2010-; European rep, 2018-, Member Faimberg's Listening to Listening 2010 –; Moderator 2016, permanent from 2019. New members' seminar Brussels, 2019.

Member BPA 2006-; Guest Member BPAS 2006-2020, Academic Associate, BPAS, 2020.

TA Committee IPCAPA (independent child/adolescent training) 2014-.

Honorary Professor Psychoanalysis Unit, UCL, Coordinator Interdisciplinary programme 2010-2016; epf committee 2014-2020; Clinical and Scholars Committee BPC 2018-. Winnicott Trust 2002 -2016, Chair 2008-2012. Joint General editor *Collected Works of D. W. Winnicott* (2016).



Bernard Chervet (Paris Psychoanalytical Society)

My responsibilities within the SPP, both institutional and scientific, (President, International Congress of French-speaking Psychoanalysts), have taught me the importance of exchanges between members, candidates and psychoanalytic organisations within the IPA and with the IPA. My term as Representative has enabled me to discover the international perspective built upon allowing for differences and the diversity of the regions and societies. This experience encourages me to run again for the position of Representative to the Board.

The present pandemic has upturned our ways of working. Beyond our fears, it has energized our self-reflexivity on our previous ways of functioning and has reminded us of the extent to which democratic representation within the IPA is more essential than ever that of its members, candidates, societies, regions, and training models.

The IPA is a member organisation based on humanist values. Its good functioning requires the direct representation of its members but also of its societies and federations which promote relationship building between the Board Representatives and the Society Presidents.

New technologies provide valuable services. They teach us that working remotely is excellent in terms of representations and emotions, but that it lacks the awareness of sensorial perception.

The challenges facing the IPA are manifold: promoting fruitful discussions on the Clinic and practice, attracting the younger generations, welcoming advances in our discipline, promoting its fecundity, enhancing training, encouraging its transmission, promoting outreach, improving the functioning of our institutions, safeguarding the ethics of our profession, being sensitive to our interactions with society, culture and with other disciplines.

Certain themes will always need to be revisited, such as the interconnections between the different training models, the expansion of the psychoanalytic method to new clinical settings, the need to confront resistances and attacks on psychoanalysis, the expansion into countries where analytic practice is still emerging and supporting the ethics of practitioners facing positive and negative transferences.

This forward-looking work cannot ignore historical overdeterminations, even if the traumatic valence elicited by the pandemic tends to dominate currently. Concerns that were already there, such as the IPA's financial situation, the difficulty of maintaining an international perspective while avoiding uniformity and exceptionalism, are exacerbated. The IPA was created in 1910 to ensure the cohesion of psychoanalysis as a science of the mind. It subsequently became a safeguard of the quality of standards of practice and training. Whilst paying heed to its members and to the health of the patients who place their trust in us, the IPA strives to keep alive the inspiration particular to psychoanalytic thought.

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We are not only heirs, but we also pass on our legacy to our descendants, and we are accountable to our patients. Such is the fragile alliance between generations, between innovation and tradition, which in my opinion makes the IPA so appealing.

List of positions:

SPP:

Executive Board 1995-2015,

Scientific Secretary 2002-2006,

Technical Scientific Board 2007-2009,

Vice-President 2009-2011,

President 2011-2013-2015,

Débats de psychanalyse 2003-present,

Founder/ Director SPP-Editions 2011,

Scientific Secretary, Congrès Psychanalystes Langue Française 2016-2019-2023.

EPF-FEP:

Council 2011-2015,

Institutional Group Forum 2015 – present.

IPA-API:

IPA Encyclopedic Dictionary for Europe 2013 – present,

Task Force on “IPA and Constituent Organizations” 2015-2017,

ING Liaison Committee, Reviewing Committee 2016 – present,

Task Force on “Freud’s Legacy” 2017-present,

Task Force on “Representation” 2018-2020,

Board Representative (EuroRep) 2019-2021.



Ingo Focke (German Psychoanalytical Society)

After a year and a half on the Board of the IPA (International Psychoanalytical Association), I am running for another term of office. The duties are many, the organisation complex and the responsibility great. Working together on the Board and with the Executive is full of conflicts: diverse professional and political objectives, differences among regions and their respective economic conditions to be taken into account. The restrictions imposed by the pandemic have made it impossible to meet face to face but have intensified virtual contacts. I hope that I will be able to contribute my conflict resolution skills and experience for another 2-year term.

- I am in favour of psychoanalytic societies, together with their presidents and training directors becoming more involved in the opinion-forming process in the IPA. They are underrepresented, which is why I am striving to develop the “link function” between the presidents of the European associations and the European Representatives. The economic, institutional and professional differences in the three regions of North America, Latin America and Europe are leading to major conflicts. A possible fourth region in Asia will strain the framework even more. I am in favour of every form of exchange and cooperation among the regions, for they keep moving further and further apart. Every international association must be able to accommodate divergent movements, and it is the duty of the Board to hold the IPA together.

- The readjustment of the training standards to the Eitingon model three years ago continues to influence how many European societies relate to the IPA. On the one hand, it was a step towards adapting to changes that had already taken place in some countries with the aim of widening the influence of psychoanalysis; on the other hand, it was an encroachment on what the IPA stood for as the guarantor of the most profound form of analytical training. This is having a considerable impact in Europe, for after the destruction of psychoanalysis in Germany in the Nazi era and the dissolution of its institutions in many countries, it was the IPA that helped with reconstruction and established the basic framework.

- In the process of expansion, it is necessary to preserve, maintain and further develop high-frequency analysis and to find an institutional solution to that purpose. The IPA represents psychoanalysis as a science and therapeutic method. To this day, it has always stood for high standards of training and optimal practices of its members, which is what I consider to be the IPA's central mission. In the past decades, it has supported many efforts to intensify relationships with related sciences and to improve the position of psychoanalysis at universities, just as it was losing public esteem. The IPA works its way into each specific culture and participates in [mental health] care and research projects of current social relevance. The IPA has a political function, too.

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- Conflicts are inevitable between claims for deepening intensification and the desire for expansion. I advocate being willing to compromise in order to avoid either/or decisions. In this sense, I am striving for better cooperation between the Board and the Research Committee. I support further funding for our projects, especially for the Research Training Program (“summer-school”) and awarding of “research grants” as a financial stimulus for research projects relevant to psychoanalysis.

- I am committed to working with the “ING” [International New Groups] and psychoanalysis in countries from which it was previously excluded.

List of positions:

Deutsche Psychoanalytische Gesellschaft (DPG): Head of the DPG training institute in Stuttgart from 1997 to 2001; Chair of the DPG international autumn conferences from 1995 to 2002; Head of the International Psychoanalytical Task Force from 1999 to 2009; Chair of the Training Analyst Board from 2005 to 2011; President of the DPG from 2011 to 2017, *DGPT:* Member of the Enlarged Board from 2011 to 2017; *EPF:* Member of the Council from 2011 to 2017 and of the EPF Electoral Committee since 2017, *IPA:* Sponsoring Committee of the Ukrainian Society since 2016, Chair since 2017. Task Force for pre-congress program in Boston and Buenos Aires. Since July 2019, European Representative on the IPA Board.

Planning and Organisation: British-German Colloquia, German-Nordic Conferences, DPV-DPG Conferences, DIPSAT Seminars.



Luisa Masina (Italian Psychoanalytical Society)

My vision of IPA is of a solid institution that brings together all members of the psychoanalytic community descending from Sigmund Freud.

The fundamental action points that make up my plan for the development of IPA are:

- Integration of its various components respecting their specificities, availing itself of the creation of a **common language**, based on: participation in committees and task forces, inter-regional exchanges facilitated by CAPSA and Working Groups, progress of the Inter-Regional Encyclopedic Dictionary of Psychoanalysis, the IPA website, an “ international and inter-regional *agorà* ”, advanced use of technology for webinars and inter-societal activities, rotation among positions in administrative offices and among responsibilities for scientific initiatives, and fertile cooperation with regional federations and national societies.
- **Sensitivity to various environmental realities** can improve our institutional response capabilities. It is necessary to develop articulated policies both in terms of adaptation, and in terms of maintaining the values and fundamental criteria of psychoanalysis. Therefore, we have to take good care of the institution, promoting it as a common asset and identity brand for all members. Therefore, we have to take care of the institution, promoting IPA as a common asset and identity brand for all members, and promoting members' investment in IPA as a source of cohesion. Creation and empowerment of appropriate task forces which are responsible for observing social changes – consider the broad and deep impact of the pandemic - and for developing and applying the psychoanalytic method in different fields can intensify our influence. Outreach’s activities must have adequate and technical support from IPA, in coordinated cooperation with the geographically involved or neighbouring national societies, where possible. Progressive work on constituting the Asian-Pacific Region, the fourth IPA region should also be continued.
- **Proprioceptive monitoring of the functions of the whole IPA organism, which turns its gaze inward**: constant attention to the maintenance of its overall institutional functioning; to the development of the group aptitude for clinical research; to theoretical elaboration; and special care for psychoanalytic training, which remains a fundamental, distinctive element of our Association.

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The obvious need to face a crisis in psychoanalysis (possibly a growth crisis) requires reflecting **on the evolution of the identity of the psychoanalyst**, on critical moments through the various passages of training and professional activity.

To this end, it is important to provide **a listening to these realities in transformation by the Representatives** : a listening as sensitive as possible, in order to identify and combat any possible feelings of anonymity, of insignificance and of loneliness that may be experienced by members of the various regions .

I also want to emphasise the irreplaceable role of IPA in the field of science as a facilitator of the exchange of ideas, of the development, of the elaboration and integration of the various theoretical-clinical contributions from areas also geographically distant, that only IPA can carry out, thanks to its inter-regional structure and to that “inclusive and open-minded IPA mentality”, of which the Board is both author and guarantor.

List of positions:

IPA:

Board member 2019 to date

Italian Psychoanalytical Society:

Scientific Secretary of Psychoanalytic Institute of Bologna

Member of the Reading Committee of *Rivista di Psicoanalisi*

Teacher at SPI National Training Institute

Member of the Editorial Board of the SPI website 2014-2016

Editor in Chief of the Bologna Psychoanalytic Center website 2014-2016

Member of the Scientific Committee of “Psychoanalysis and Justice” - Psychoanalytic Institute of Bologna.



Conceição Tavares de Almeida (Portuguese Society of Psychoanalysis)

The first IPA meeting in which I participated had quite an aesthetic impact on me: the amount of different backgrounds and approaches reunited over Freud's legacy made me realize both its potential and fragility. **As an "inner good enough object" IPA stands as the part of each one of us that we are challenged to treasure, not only as a memorial but as a living being able to adapt, to develop, to balance, to reach others.**

I consider this particular otherness as an opportunity to open up from different perspectives, introducing some change beyond one's own individual understanding. My personal background, abilities, and professional choices testify it. This statement aims to be a reflection of myself, and I hope it is something people can relate to: an **independent, honest, conciliating and fresh candidacy.**

Although being Portuguese, I consider myself as a citizen of the world. I grew up in Africa and later moved to Germany during my childhood. During the dictatorship regime in Portugal, my parents provided me with an international ambiance where both intellectual and cultural references were standards that guaranteed freedom of thought and brighter horizons in our family's minds. On one hand this varied background enlarged my world from an early age, but on the other hand it left me in pursuit of balance and of conciliation.

The near future of Psychoanalysis faces controversial issues regarding setting, models of training and regional privilege. Europe's complex richness challenges us to look for means to add asset to that specificity. In these times of tension when differences tend to become more extreme, the solution must be found in balance. Overcoming the crisis we went through in Portuguese Psychoanalytic Society, the opportunity to study both theoretical and historical foundations of training models, allow us to repair some conflicts, to deepen our psychoanalytic identity, and ultimately to grow as a group. Being a board member at the time, I played a key role in this change. Furthermore, as being also an expert in mental health policies and having integrated international networking structures, those experiences qualify me in a very particular and complementary way. I strongly believe that extreme positions and/or political correctness can often endanger the **essence of dialogue and risk not taking into account that only through being different can we become equal.** Being open to *l'air du temps* requires from us the ability to address variety and adaptation while having the **capacity to distinguish essential from accessory and knowing where to draw the line.**

I trust it would be interesting for the IPA to have for the first time a Portuguese member elected. By crossing borders and reaching boundaries, both Portuguese language and culture are strongly implemented around the world; hopefully my election will work as an ambassadorship of such legacy, aiming to reinforce the exchange and enriching the whole European seat of representatives. **My candidature stands as a promise of an honest and**

independent commitment to Psychoanalysis and psychoanalysts as the way of giving back our own self sense by reaching the otherness.

List of positions:

Portuguese Psychoanalytic Society Board Member: Vice-President (2015-2019); Scientific Secretary (2011-2015). Chair of Scientific Agenda (2015-2019). Ad Hoc Committee member working with IPA's delegate in order to negotiate Portuguese direct IPA members (2012).

Coordination of Outreach Activities: Cinema Festivals; Cultural Debates (2017-2019);

Training Programs: Scientific Committee to review standards and training models (2010); and COCAP training (2014).

Education Committee Member (since 2020).

Lisbon Psychoanalytic Institute: Chair of the Board of the General Assembly (2010-2014).

Portuguese representative on Board Meetings on the President's behalf. IPA: Buenos-Aires (2017); FEP: Bilbao (2012); Brussels (2019); CPLF: Bilbao (2012); Paris (2013); Brussels (2016); Paris (2017); Genes (2018); Paris (2019).

Panel of paper reviewer member for IPA's Congress "Intimacy": Buenos-Aires (2017).

COWAP liaison member (since 2015).

IPSO national delegate (2001-2004).