XXVI COLLOQUIUM OF THE PORTUGUESE PSYCHOANALYTICAL SOCIETY (SPP)

ADOLESCENCE AND PSYCHOANALYSIS

APRIL 17TH AND 18TH 2015

FACULTY OF PSYCHOLOGY OF THE UNIVERSITY OF LISBON
1. Presentation and Goals

The main objective of this colloquium was to elaborate a program that met the interests and queries of psychoanalysts, doctors, psychologists, teachers, educators and Psychology students, among other professionals.

- How can Psychoanalysis be useful to adolescents?
- What does Psychoanalysis think of the different issues of adolescence?

Aiming to answer these questions, among others, the morning sessions were spent in the field of psychoanalytical theory and practice, featuring presentations and discussions of clinical cases. The afternoons were directed towards a multidisciplinary vision: medical, psychopathological, sociological and educational.

2. Invited Attendees and Program

The conferences featured Professor Phillipe Jeammet, former member of the Paris Psychoanalytical Society, Professor David Léo Levinsky of the Brazilian Psychoanalytic Society, and Professor Asunción Soriano Sala of the Spanish Psychoanalytic Society.

The communications featured associated members of the Portuguese Psychoanalytical Society and guests from different areas: professors, sociologists, doctors and artists. The moderation and coordination of sessions was done by associates of SPP.

The sessions were organized according to the following topics:

- Metapsychology questioned by the Adolescent – conference by Professor Philippe Jeammet, followed by a presentation and discussion of a clinical case.

- Other Observations on Adolescence – Professor Rui Paixão questioned the adolescences of the 21st century; sociologist Lia Pappamikail discussed sociological issues on contemporary adolescences; Professor Francisco Marta debated mental health on a school context; and psychoanalyst Conceição Tavares de Almeida talked about sickness in the psychoanalytical process.

- From Confusion to Adolescent Identity: Interdisciplinary Treatment in a Hospital – conference by Asunción Soriano Sala.

- The Process of Identification of the Adolescent in the Light of Contemporary Psychoanalysis – conference by Professor David Léo Levisky (sponsored CAPSA - IPA), followed by a presentation and discussion of a clinical case concerning the process of identification of the adolescent.
• Trajectories of Adolescence – Professor João Justo discussed the incidence, origin and evolution of teenage pregnancy; Dr. António Trigueiros debated sickness in adolescence; and Ana Belchior Melícias argued the labyrinth of adolescence through the movie Into the Wild.

• Adolescence and Creativity – the session featured artist Sara Maia, who presented a movie about her path as an adolescent and about her way of living and feeling art. The title of her presentation was The Art of Remaining a Child. This session also featured psychoanalyst Ana Catarina Duarte Silva, who presented This Myself Tattooed in Me.

The following activities were promoted in addition to the Colloquium:

• Two film presentations followed by debates about The Class by Laurent Cantet and Juno by Jason Reitman. The selection of these movies is based on their representation of adolescent issues, and they were commented by psychoanalysts Maria do Carmo Sousa Lima and Deolinda Santos Costa from the Portuguese Psychoanalytical Society. Journalist and film critic João Lopes was also present in this session.

• Workshop “Adolescents in Institutions” by Professor Assunción Soriano Sala, who discussed and commented the clinical case of an adolescent.

• Supervision by IPSO – International Psychoanalytical Studies Organization, presenting the clinical case of an adolescent in psychoanalysis, by candidate Filipe Cardoso Silva and supervised by Dr. Conceição Melo Almeida.

3. Promotion

The main resource used to promote the colloquium was the website http://www.colloquios-spp.org, social networks, blogs and a mailing list. On the website, regular posts were made to keep the curiosity and interest of visitors. People could subscribe to a newsletter and be informed of new publications. There were also several interviews to child and adolescent psychoanalysts from the Portuguese Psychoanalytical Society (Maria Fernanda Alexandre, Maria José Gonçalves, João Seabra Diniz and Orlando Fialho), from the Colombian Psychoanalytical Society/Swiss Psychoanalytical Society (Alejandro Rojas-Urrego), from the Asociación Psicoanalítica Argentina (Luis Kancyper), from the Asociación Psicoanalítica Colombiana (Luz Marina Orejarena and Fabio Eslava Cerón), from the Psychoanalytical Society of Porto Alegre (Marlene Silveira Araújo), from the Sociedad Española de Psicoanálisis (Asunción Soriano Sala), and from the Brazilian Psychoanalytical Society (David Léo Levisky).
Besides the interviews, we also published articles of reference in the field, promoted film debates and a video by artist Sara Maia. We printed posters and flyers of the Colloquium.
As a gesture of solidarity and promotion of psychoanalysis, we offered some enrollments to social institutions and students.

4. Conclusion

The Colloquium had 252 participants. It had a high level of interest, and both conferences and communications matched the expectations of the audience, who participated in the fruitful debates. We believe that the questions and answers that arose in the discourse of these two days have helped all participants in finding a continuity and coherence in the contact with adolescents. Overall, the Colloquium was productive for listeners, and it took place in a stimulating environment. It is our belief that this debate promoted the expansion of psychoanalytical knowledge.

Sponsors: International Psychoanalytical Association (IPA - CAPSA), Institute of Psychoanalysis, BPI Bank and Nespresso.

Organizing Committee:
Carla Marisa Cruz (President), Alexandra Coimbra, Conceição Melo Almeida, Guilherme Canta and Orlando Santos.
Lisbon, May 6th 2015